

**CHEMICAL PROFILE AND ANTIOXIDANT PROPERTIES OF THE ESSENTIAL OIL OF
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Article Received on 21/08/2024

Article Revised on 11/09/2024

Article Accepted on 01/10/2024

ABSTRACT

Essential oils generally possess significant antioxidant activities and can successfully replace synthetic antioxidants, which often present harmful side effects, in the fight against oxidative stress. In this study, we performed the chemical analysis and evaluated the antioxidant activity of the essential oils from the seeds of *Xylopiya aethiopica*. The extraction of the oils was carried out by steam distillation using a Clevenger-type apparatus and analyzed by gas chromatography-mass spectrometry (GC-MS) and nuclear magnetic resonance (NMR) spectroscopy (proton and carbon 13). The antioxidant activity of the oils was evaluated by two different assays (the DPPH radical and ABTS^{•+} tests) and compared in each test to Trolox (a reference antioxidant). The analysis results show that the essential oils of dried fruits of *Xylopiya aethiopica* are mainly composed of β -pinene (21.3%), α -pinene (9.3%), 1,8-cineole (13.1%), and trans-pinocarveol (7.7%). The oils exhibited negligible antioxidant activity in the DPPH radical test ($IC_{50} = 182.36$ mg/mL) and moderate activity in the ABTS^{•+} test (8.89 mg/mL).

KEYWORDS: *Xylopiya aethiopica*, Essential oil, Antioxidant, Antioxidant activity, IC_{50} .**INTRODUCTION**

The human body is the site of numerous chemical reactions that use oxygen (Abdou, 2009). During these reactions, reactive oxygen species (ROS) are produced, such as hydrogen peroxide (H₂O₂), singlet oxygen (¹O₂), and hydroxyl radical ([•]OH). Under normal conditions, these species are in equilibrium with the body's antioxidants, protecting it against bacteria and viruses (Benhammou, 2011). Any imbalance in this system leads to severe consequences for vital molecules in the body (Touré, 2015; Choho, 2018). Unfortunately, the level of these radicals easily exceeds that of antioxidants due to their diverse production sources: ingestion of processed foods, exposure to radiation, cigarette smoke, pollution, etc. (Abdou, 2009). To protect the body from the dangers associated with this imbalance, an external supply of antioxidants is necessary. For this purpose, humans must consume antioxidant-rich foods, such as spices, as well as synthetic antioxidants like 2,6-di-ter-butyl-hydroxytoluene (BHT) and 2-ter-butyl-p-methoxyanisole (BHA) (Oussou *et al.*, 2020). Among these two groups of

antioxidants, studies have shown that, unlike natural antioxidants, synthetic antioxidants often pose risks to the body. In fact, they are thought to trigger the overproduction of toxic or carcinogenic microsomal enzymes in hepatocytes (Oussou *et al.*, 2009; Oussou *et al.*, 2020). For this reason, research has intensified in the field of essential oil (EO) antioxidants. It is in this context that our study is situated, with the general objective of evaluating the antioxidant power of the essential oils from *Xylopiya aethiopica* seeds. Specifically, the goal is to extract the EO from *Xylopiya aethiopica* seeds, characterize them, and assess their antioxidant potential.

MATERIALS AND METHODS**1. Materials****1.1 Plant Material**

The plant material used in this study consisted of 2.85 kilograms of dried *Xylopiya aethiopica* seeds. These seeds were purchased from the Adjamé market (Abidjan, Côte

d'Ivoire) and were dried on a workbench for three (3) days prior to the extraction process.

1.2 Technical Equipment

The essential oil extraction and analysis were carried out using several pieces of equipment: a Clevenger hydrodistiller, a hot plate, the Pioneer PA202C balance with a capacity of 2100 g and a precision of 0.01 g, a Delsi DI 200 gas chromatograph equipped with a flame ionization detector, gas chromatography coupled with mass spectrometry (GC-MS), a Nuclear Magnetic Resonance (NMR) device, and the HACH DR 2400 spectrophotometer, along with standard laboratory glassware.

1.3 Reagents and Solvents

The solvents and reagents used included: pentane, distilled water, methanol, DPPH (2,2-diphenyl-1-picrylhydrazyl), and ABTS (2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid)).

2. METHODS

2.1 Extraction of Essential Oil from *Xylopi aethiopica*

The essential oils (EOs) from *Xylopi aethiopica* seeds were extracted by steam distillation using a Clevenger-type apparatus. Steam distillation is one of the three methods for distilling plant essences. The process involves placing the plant material (2.85 kg of *Xylopi aethiopica* seeds) on a perforated grid or plate positioned at an appropriate distance above the bottom of a still containing water, which is heated. The steam produced passes through the plant material, carrying its volatile compounds into the vertical tube and then into the cooling coil where condensation occurs. The condensed mixture in the coil is collected in an Erlenmeyer flask. Since the essential oil of *Xylopi aethiopica* has a lower density than water, it floats and is collected through simple filtration. Distillation was performed twice using 3 liters and 1 liter of water, respectively, for a duration of 3 hours for each run. The EO collected at the end of the extraction process was stored at 3°C in a freezer to prevent possible degradation.

2.2. Essential Oil Extraction Yield Calculation Method

The essential oil yield is the ratio of the mass of essential oil obtained (m_{oe}) to the mass of plant material subjected to extraction (m_0). It is expressed as a percentage and calculated using the formula in Equation 1.

$$Rd = \frac{M_{oe}}{M_0} \times 100 \quad (\text{Equation 1})$$

2.3. Characterization Methods

The extracted essential oil was characterized in Corsica (France) using the following techniques: proton and carbon-13 nuclear magnetic resonance (^1H and ^{13}C NMR), gas chromatography (GC), and gas chromatography-mass spectrometry (GC-MS). NMR spectra were recorded using a Bruker instrument (Bruker

BioSpin AG), equipped with a 5 to 10 mm probe, operating at 400.132 MHz for proton and 100.623 MHz for carbon-13. Chemical shifts (δ in ppm) were compared to tetramethylsilane (TMS) used as an internal reference. The carbon-13 spectra were recorded under the following conditions: 5 mm probe, 45° pulse angle, 2.73 s acquisition time corresponding to a 64 K acquisition, with a spectral width (SW) of 25,000 Hz (250 ppm), and a digital resolution of 0.183 Hz/pt. The number of accumulations ranged from 2000 to 5000 for each recording. Decoupling was performed using the "Composite Phase Decoupling" pulsed field.

2.3. Antioxidant Activity Evaluation Methods of the Extracted Essential Oil

To assess the antioxidant activity of the essential oil, two chemical tests were performed.

- The scavenging effect of an antioxidant on the free radical 2,2-diphenyl-1-picrylhydrazyl (DPPH $^{\bullet}$),
- The free radical "2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid)" (ABTS $^{\bullet+}$) test.

2.3.1 DPPH $^{\bullet}$ Free Radical Test

This method is based on evaluating the ability of antioxidants to neutralize the DPPH $^{\bullet}$ radical. The impact of each extract on this radical is measured according to the procedure described by Seung-cheol *et al.* (2004). First, a 0.4 mM methanolic solution of DPPH is prepared, with an optical density (OD) measured at 1.683. Using a 200 μL micropipette, a series of five 2-fold dilutions is made from 200 μL of essential oil (EO). Then, 3 mL of DPPH $^{\bullet}$ reagent is mixed with 100 μL of solution from each tube containing the dilutions. These tubes are incubated at 30°C in the dark for 30 minutes. For another calibration range, Trolox, a reference antioxidant (6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic acid), is used instead of EO. Methanol serves as a negative control for the preparation of dilutions. The absorbance or optical density of the tested essential oil extracts and Trolox is measured by spectrophotometry. To evaluate antioxidant efficiency, the inhibition percentages are calculated using Equation (2):

$$I(\%) = \frac{DO_{control} - DO_{sample}}{DO_{control}} \times 10 \quad (\text{Equation 2})$$

Where:

DO $_{control}$: represents the optical density of the methanolic DPPH $^{\bullet}$ solution;

DO $_{sample}$: the optical density of the tested sample.

Furthermore, the 50% inhibitory concentration (IC $_{50}$) is determined. This value represents the concentration of the sample required to reduce the DPPH $^{\bullet}$ radical by 50%. IC $_{50}$ values are established by linear regressions of graphs plotting inhibition percentages against the concentrations of the tested extracts. It should be noted that a lower IC $_{50}$ indicates better antioxidant activity.

2.3.2 ABTS^{•+} Test

The inhibition percentage of the ABTS^{•+} radical is evaluated using the method described by Ramful et al. (2010). To produce the ABTS^{•+} radical, a 7 mM ABTS solution is mixed with a 2.6 mM potassium persulfate solution. This mixture is then kept in the dark at room temperature for four hours. After this period, 1 mL of the resulting solution is diluted with 60 mL of methanol to obtain a solution with an optical density (OD) measured at 1.587. For the test, a series of five dilutions is prepared from 200 µL of the essential oil (EO) in pure methanol. Then, 3 mL of ABTS^{•+} reagent is added to 100 µL of solution from each tube. The tubes are incubated in the dark for 30 minutes to allow the reaction. Trolox is used as a positive control, while methanol serves as a negative control for the preparation of the different EO dilutions. As with the DPPH[•] test, the absorbance or optical density of the tested essential oil extracts and Trolox is measured by spectrophotometry. The results from this

test are also expressed as inhibition percentages, and the 50% inhibitory concentration (IC₅₀) values are calculated to assess the antioxidant activity of the tested samples (Equation 2).

RESULTS AND DISCUSSION

1. Results

1.1. Yield and Physicochemical Characteristics of the Essential Oil

1.1.1. Crude Extract Yield

The volume of essential oil obtained after extraction was 42 mL, corresponding to a mass $m_{oe} = 42\text{g}$. The yield, calculated using Equation 1, was 1.5%.

1.1.2. Crude Extract Yield

The chemical composition analysis of the essential oil from *Xylopia aethiopica* fruits identified thirty-five (35) compounds. The identified constituents are listed in Table 1.

Table 1: Chemical Composition of the Essential Oil of *Xylopia aethiopica* Fruits.

| N° | Composés identifiés | IKA | IKP | Teneurs |
|---------------|-----------------------------------|------|------|-------------|
| 1 | α -Thujene | 921 | 1021 | 1.1 |
| 2 | α-pinene | 930 | 1019 | 9.3 |
| 3 | Camphene | 942 | 1062 | 0.3 |
| 4 | Verbenene | 945 | 1121 | 0.8 |
| 5 | Sabinene | 964 | 1117 | 2 |
| 6 | β-pinene | 971 | 1108 | 21.8 |
| 7 | Myrcene | 979 | 1159 | 0.6 |
| 8 | carene-3 | 1005 | 1147 | 0.5 |
| 9 | α -Terpinene | 1008 | 1174 | 0.6 |
| 10 | p-cymene | 1011 | 1265 | 1.1 |
| 11 | Limonene | 1020 | 1195 | 0.9 |
| 12 | Cineole | 1020 | 1207 | 13.1 |
| 13 | γ -terpinene | 1047 | 1239 | 1 |
| 14 | <i>trans</i> -hydrate de Sabinene | 1051 | 1455 | 0.7 |
| 15 | Terpinolene | 1078 | 1280 | 0.3 |
| 16 | Linalol | 1081 | 1538 | 0.4 |
| 17 | <i>cis</i> -hydrate de sabinene | 1081 | 1540 | 0.8 |
| 18 | β -thujone | 1090 | 1428 | 0.1 |
| 19 | α -compholenal | 1104 | 1174 | 0.5 |
| 20 | Nopinone | 1106 | 1574 | 2.7 |
| 21 | <i>trans</i>-pinocarveol | 1124 | 1647 | 7.7 |
| 22 | <i>trans</i> -verbenol | 1127 | 1669 | 2 |
| 23 | Pinocarvone | 1138 | 1563 | 3.4 |
| 24 | Pinocomphone | 1150 | 1544 | 0.4 |
| 25 | Terpineol-4 | 1161 | 1594 | 2.7 |
| 26 | iso pinocampheol | 1161 | 1718 | 0.5 |
| 27 | Myrtenal | 1170 | 1623 | 4.8 |
| 28 | α -terpineol | 1171 | 1687 | 1.3 |
| 29 | Myrtenol | 1179 | 1783 | 4.8 |
| 30 | neois Menthol | 1179 | 1628 | 0.7 |
| 31 | γ -terpineol | 1180 | 1702 | 1.3 |
| 32 | β -campholenol | 1186 | 1782 | 0.5 |
| 33 | <i>trans</i> -carveol | 1196 | 1826 | 0.6 |
| 34 | Nérol | 1207 | 1790 | 0.3 |
| 35 | bicyclogermacrene | 1494 | 1727 | 0.55 |
| Total content | | | | 90.15 |

| | |
|----------------------------|-------|
| Oxygenated compounds | 49.3 |
| Hydrocarbon compounds | 40.85 |
| Monoterpene hydrocarbons | 40.3 |
| Oxygenated monoterpenes | 33.1 |
| Sesquiterpene hydrocarbons | 0.55 |
| Oxygenated sesquiterpenes | 16.2 |

With **IKA**: Kovats Index on Apolar Column and **IKP**: Kovats Index on Polar Column

The above Table 1, presenting the various compounds of the extracted essential oil, indicates that.

- Only compounds with a content greater than or equal to 0.1% were identified;
- There are two classes of compounds: monoterpenes and sesquiterpenes.

The compounds highlighted in bold represent the major constituents identified, with concentrations close to or exceeding ten percent. The contents of the major oxygenated compounds are lower compared to those of hydrocarbon compounds. The proportions of the main identified constituent classes are presented in Figure 1 below.

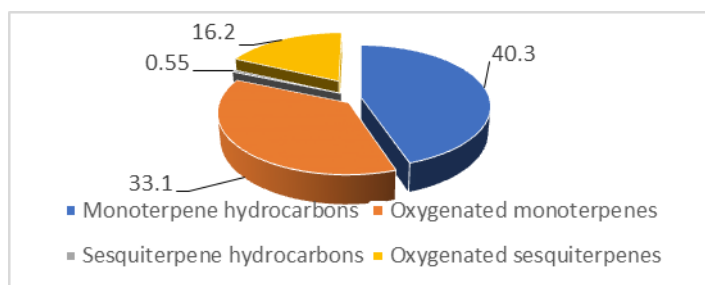


Figure 1: Proportion of Identified Compounds in the Essential Oil of *Xylopiya aethiopica*.

The above figure indicates that the essential oil extracted from the dried fruits of *Xylopiya aethiopica* is more concentrated in monoterpenes (73.4%) compared to sesquiterpenes (16.75%).

1.2. In vitro Antioxidant Activity of the Extracts

1.2.1. DPPH[•] Radical Test

The absorbance values and inhibition percentages obtained are recorded in Table 2.

Table 2: Absorbance Values of DPPH[•] in HE Extracts and Trolox.

| | Concentration (mg/mL) | 160 | 80 | 40 | 20 | 10 | 5 | 2,5 |
|----------------------------|-----------------------|-------|-------|-------|-------|--------|--------|--------|
| <i>Xylopiya aethiopica</i> | DO | 0.769 | 0.963 | 1.109 | 1.22 | 1.24 | 1.32 | 1.35 |
| | %inhibition | 45.69 | 31.99 | 21.68 | 13.96 | 12.71 | 6.54 | 4.59 |
| Trolox | Concentration (mg/mL) | 1 | 0.5 | 0.25 | 0.125 | 0.0625 | 0.0312 | 0.0156 |
| | DO | 0.135 | 0.160 | 0.171 | 0.175 | 0.178 | 0.183 | 0.25 |
| | %Inhibition | 90.47 | 88.7 | 87.9 | 87.62 | 87.41 | 87.10 | 82.34 |

The different DO and inhibition percentage values (I%) in Table 2 show a decrease in the concentration of the DPPH[•] radical depending on the concentrations of the extracts. This decrease is more significant with the Trolox extracts compared to the essential oil.

The calibration curves for DPPH[•] radical as a function of the different concentrations of essential oil fractions and Trolox tested are presented in Figures 2 and 3.

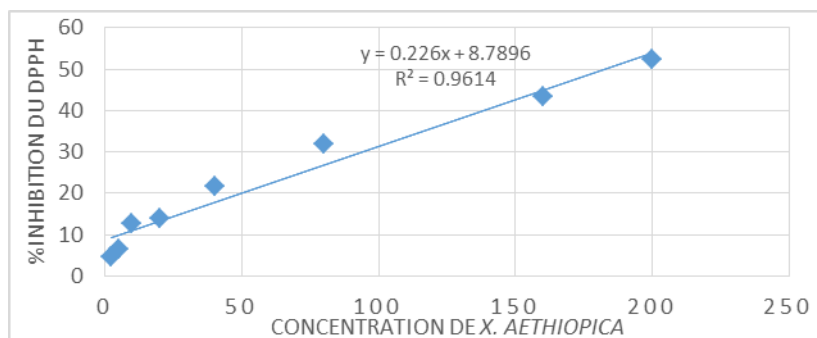


Figure 2: Calibration Curve of DPPH[•] Radical with Essential Oil of *X. aethiopica*.

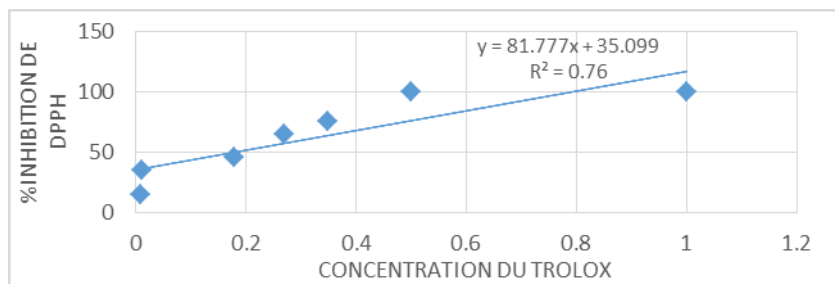


Figure 3: Calibration Curve of DPPH• Radical by Trolox Extracts.

This figure demonstrates the linear relationship between the concentration of Trolox and its ability to inhibit the DPPH• radical. The curve shows a stronger antioxidant

activity in comparison to *Xylopi aethiopica*, as reflected in the lower IC₅₀ value of Trolox (0.20 mg/mL).

Table 3: IC₅₀ Values of Essential Oil Extracts and Trolox from the DPPH• Test.

| Extract | IC ₅₀ (mg /mL) |
|--------------------------|---------------------------|
| <i>Xylopi aethiopica</i> | 182.36 |
| Trolox | 0.20 |

The IC₅₀ values in Table 3 clearly indicate that *Xylopi aethiopica* essential oil has a lower antioxidant activity compared to Trolox.

1.2.2. ABTS•+ Radical Test

Table 4: Absorbance Measurements of ABTS•+ in Essential Oil Extracts and Trolox.

| | | | | | | | | |
|--------------------------|------------------------|-------|-------|-------|-------|--------|--------|--------|
| <i>Xylopi aethiopica</i> | Concentration (mg/mL) | 160 | 80 | 40 | 20 | 10 | 5 | 2,5 |
| | DO | 0.01 | 0.032 | 0.039 | 0.152 | 0.387 | 0.801 | 1.093 |
| | %inhibition | 99.29 | 97.74 | 97.25 | 89.22 | 72.62 | 43.48 | 22.83 |
| Trolox | Concentration (mg /mL) | 1 | 0.5 | 0.25 | 0.125 | 0.0625 | 0.0312 | 0.0156 |
| | DO | 0.002 | 0.004 | 0.006 | 0.008 | 0.014 | 0.016 | 0.052 |
| | %inhibition | 99.86 | 99.72 | 99.56 | 99.44 | 99.01 | 98.87 | 96.33 |

Similar to the DPPH• test, the percentage of inhibition of the ABTS•+ radical increases with the concentration of essential oil extracts and Trolox. The inhibition percentages in this test are higher compared to those in the DPPH• test, both for the essential oil and Trolox at equivalent concentrations.

The calibration curves of the ABTS•+ radical for the essential oil extracts and Trolox are presented in Figures 4 and 5 below.

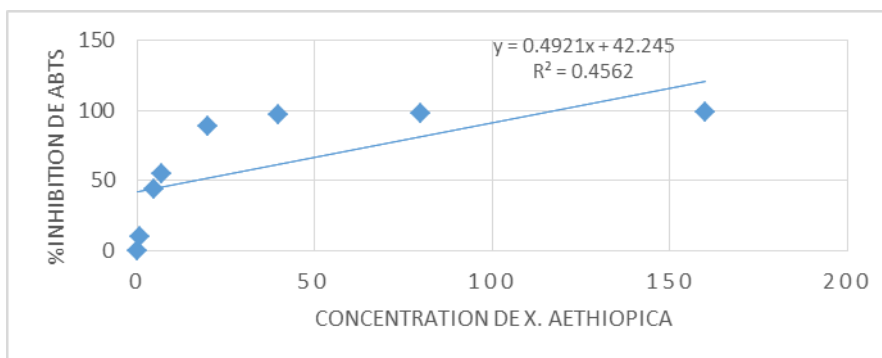


Figure 4: Calibration Curve of ABTS•+ Radical by Essential Oil Extract of *Xylopi aethiopica*.

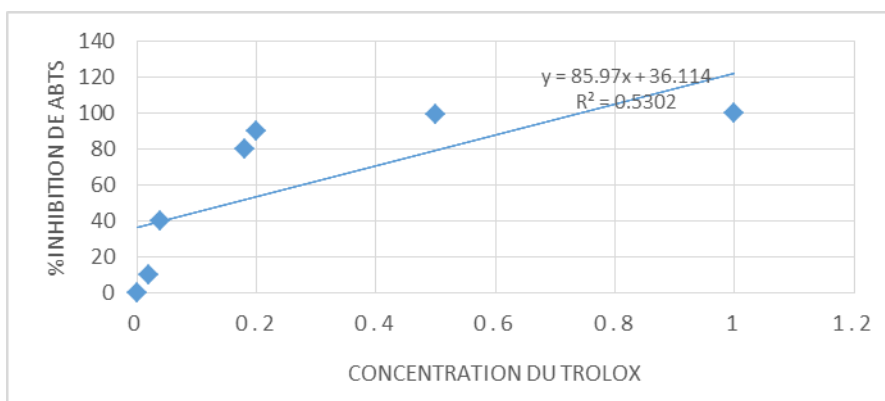


Figure 5: Calibration Curve of ABTS^{•+} Radical by Trolox Extract.

This figure illustrates the calibration curve showing the inhibition percentage of the ABTS^{•+} radical by different concentrations of Trolox. As the concentration of Trolox increases, the inhibition percentage rises, demonstrating its potent antioxidant activity across various concentrations.

Table 5: IC₅₀ Values of Essential Oil Extracts and Trolox in the ABTS^{•+} Test.

| Extract | IC ₅₀ (mg /mL) |
|--------------------------|---------------------------|
| <i>Xylopi aethiopica</i> | 8.89 |
| Trolox | 0.17 |

The IC₅₀ values presented in Table 5 indicate that Trolox exhibits significantly greater antioxidant activity than the essential oil extracted from the dried fruits of *Xylopi aethiopica*. These values suggest that both the essential oil extracts and Trolox demonstrate enhanced antioxidant activity against the ABTS^{•+} radical.

2. DISCUSSION

The essential oil yield from the dried fruits of *Xylopi aethiopica* in this study is 1.5%. This yield is higher than that reported by Oussou (2009), which is 1.2%, but lower than the 3.5% obtained by Agbodan *et al.* (2014). These differences could be attributed to factors such as temperature, extraction methods, and the quality of the fruits subjected to extraction (Oussou, 2009). In this study, thirty-five (35) compounds, representing 90.15% of the constituents, were identified. These compounds are categorized into two main classes: monoterpenes, which include 40.3% hydrocarbons and 33.1% oxygenated compounds, and sesquiterpenes, consisting of 16.2% oxygenated and 0.55% hydrocarbon compounds. The predominance of these two main classes of compounds (monoterpenes and sesquiterpenes) supports the high quality of our essential oils. Indeed, monoterpenes and sesquiterpenes constitute the primary class of essential oil constituents (Franchomme & Péroël, 1990). The predominance of our essential oil in monoterpenes (73.4%) aligns with the results of Noudjou *et al.* (1999) from Cameroon, where their samples of essential oil from *Xylopi aethiopica* fruits were primarily composed of monoterpenes (60%). However, the percentage of oxygenated monoterpenes they found

(12.9%) is significantly lower than our 33.1%. A comparison of the major compounds in our essential oil with those in the literature reveals that β-pinene (21.8%), the major constituent in our sample, is also prevalent in many prior studies. Kéïta *et al.* (2003) in Mali reported β-pinene (19.1%), γ-pinene (14.7%), trans-pinocarveol (8.6%), and p-cymene (7.3%). Yéhouéno *et al.* (2010) identified β-pinene (38.9%), valerianol (7.7%), myrtenal (7.4%), and elemol (5.1%) as the major compounds in their sample. In Cameroon, Noudjou *et al.* (2007) identified sixty-three (63) compounds in the essential oil of the species harvested from four different areas, comprising 47 to 84% hydrocarbon monoterpenes, predominantly β-pinene (44.11%) and β-phellandrene (13.89%). They reported for the first time a diterpene (ent-13-epimanoyl oxide) in the essential oil from the fruits of *X. aethiopica*. A unique feature of our essential oil is the presence of myrtenol and myrtenal, while β-phellandrene and germacrene D are absent. Large-scale exploitation of the essential oil from this plant should consider the collection site, as the chemical composition of the oil can vary significantly by region. Indeed, Noudjou *et al.* (2007) highlighted this in Cameroon in their study on the chemical composition of *X. aethiopica* fruits from various localities (Baffoussam, Douala). They showed that the predominant β-pinene in samples from Douala (39.39%), Ngaoundéré (38.17%), and Yaoundé (44.11%) constitutes only 8.22% in the Baffoussam sample, which is rich in β-phellandrene and 1,8-cineole (31.42%).

The decrease in optical density of the ABTS^{•+} and DPPH[•] radicals in the essential oil extracts in this study highlights the antioxidant capacity of the essential oil from *Xylopi aethiopica*. This antioxidant activity increases with the concentration of the tested oil extract, which is observed in all antioxidant substances, whether synthetic or natural (Oussou, 2009; Benhammou, 2011; Touré, 2015). Trolox, the reference antioxidant in this study, exhibited significantly greater antioxidant activity than the essential oil extract in both tests. Its radical-scavenging capacity was more pronounced in the ABTS^{•+} test (IC₅₀ = 0.17 mg/mL), where 85% of its concentration reduced fifty percent of the DPPH[•] radical. Similarly, the essential oil extract displayed a higher

antioxidant capacity in the ABTS^{•+} test ($IC_{50} = 8.89$ mg/mL), where approximately 5% of its concentration reduced fifty percent of the DPPH[•] radical. The IC_{50} values of the essential oil extract compared to those of Trolox indicate a lower antioxidant activity for our essential oil. In the case of the ABTS^{•+} test, only the equivalent of 1.9% of the essential oil's IC_{50} in Trolox reduced 50% of the ABTS^{•+} radical. For the DPPH[•] test, less than 1% of the essential oil's IC_{50} in Trolox inhibited 50% of the DPPH[•] radical. The difference observed in IC_{50} values across the two different tests can be explained by the fact that the antioxidant activity of a substance depends on the method employed to assess its antioxidant capacity (Touré, 2015). The low antioxidant activity of the essential oil highlighted by our study, which has also been reported by Agbodan *et al.* (2014) with an $IC_{50} = 9752$ ppm, or $IC_{50} = 9.752$ mg/mL, could be attributed to the low proportions of oxygenated constituents in the oil. In fact, the antioxidant effectiveness of essential oils is thought to depend on their richness in oxygenated compounds, particularly phenolic compounds (Oussou *et al.*, 2009). The important role of oxygenated compounds in the antioxidant activity of essential oils is underscored by Benhammou (2011), who states that to accurately determine the true antioxidant capacity of a substance, one should measure the EC_{50} parameter, a direct quantitative measure of antioxidant activity. It is defined as the concentration of the crude extract of phenolic compounds required to reduce 50% of the initial concentration of the radical.

CONCLUSION

To achieve the objectives set forth in this study, materials were selected based on the methods employed. The extraction of essential oils from the dried fruits of the studied plant was conducted using steam distillation with a Clevenger apparatus, yielding 1.5%. The chemical composition analysis of the essential oils was carried out using gas chromatography, coupled with GC-MS and NMR (¹H and ¹³C). This analysis revealed thirty-five (35) compounds, representing 90.15% of the essential oils. The major compounds identified are β -pinene (21.8%), α -pinene (9.3%), cineole (13.1%), and trans-pinocarveol (7.7%). The antioxidant tests conducted on the DPPH[•] and ABTS^{•+} radicals demonstrated a dose-response effect of our essential oil against these radicals. The inhibitory effect of the essential oils is negligible against the DPPH[•] radical but moderate against the ABTS^{•+} radical. Therefore, the results of this study warrant further refinement, and it would be interesting to continue this research with in vivo applications on the toxicity of these essential oils. Additionally, it will be necessary to complement the antioxidant activity with other tests to highlight the molecules responsible for these effects. Lastly, investigating other biological activities such as antimicrobial and anticancer activities of these essential oils would also be of great interest.

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